



Diabetes Care Center

A Medical Corporation

- *Compassionate Care* • *Latest Technology*
- *Self-Management Education* • *Active Research Program*

DANA ARMSTRONG RD, CDE

In 1998, Dana Armstrong, RD, CDE and Allen King, MD opened the Diabetes Care Center for the comprehensive care, treatment, education and research of patients with diabetes. Her role as Program Director follows 12 years of work in nutrition and diabetes in the Salinas Valley. Armstrong has been instrumental in research and the design of a nonrestrictive diet approach to the treatment of diabetes. She is a nationally recognized speaker and author. She has been instrumental in organizing and teaching our Diabetes Self-Management Program and the Insulin Pump Program.

YOLANTA KRUSZYNSKA MD, MRCP, PHD

Dr. Kruszynska joined the Diabetes Care Center in the Spring of 2003 as a physician and diabetologists. Educated in England, she has an MD with Honours as well as a PhD. Dr. Kruszynska has been awarded many medical awards. She spent eleven years in England as a lecturer, researcher and practitioner. In August, 1995 she relocated in San Diego, CA. Immediately prior to joining the staff at the Diabetes Care Center she was Associate Adjunct Professor of Medicine at the University of California San Diego and attending in Endocrinology and Metabolism at Thornton Hospital and VA Medical Center in La Jolla, CA. She is a nationally recognized researcher and author.

SUSAN HEALY MSN, CFNP, CDE

Susan Healy, MSN, CFNP, CDE has been employed at the Diabetes Care Center since 1999 as a nurse practitioner and diabetes educator. Having completed her BSN in 1972 at Arizona State University, she completed her MSN in 1989 at San Jose State University. She continued her education completing the Nurse Practitioner Program at Stanford University in 1990. She is certified by the American Nurses Credentialing Center as a Family Nurse Practitioner and by the National Certification Board of Diabetes Educators as a Certified Diabetes Educator. Prior to joining the Diabetes Care Center, she worked at Salinas Monterey Heart Institute, Doctors on Duty, and Hazel Hawkins Community Health Center. For the last several years, she has traveled to Africa to provide care to rural people unable to access care.

ESTHER PEREZ PA-C

Esther Perez, PA-C has been with the Diabetes Care Center since August, 2004 as a physician assistant. In 1990, she completed the Stanford Primary Care Association Program. In addition to being licensed by the State of California, she is certified by the National Commission on Certification of Physician Associates. In addition to working at the Diabetes Care Center, she works at the Methadone Clinic, Community Human Services, in Salinas. Her past employment includes Valle Verde Medical Group, Salud Para La Gente Clinic, Santa Cruz County Health Services-Family Planning Clinic and the Familia Center in Santa Cruz.

SISTER THERESA LINEHAN SND, FNP, CDE

Sister Theresa joined the Diabetes Care Center in 2001 as a family nurse practitioner. She completed her BSN and MSN at San Francisco State University and then completed the Nurse Practitioner Program at San Francisco State University. Sister Theresa is certified by the American Nurses Credentialing Center in Advanced Diabetes Management, Nurse Practitioner and as a Family Nurse Practitioner. She is certified by the National Board of Diabetes Educators as a Certified Diabetes Educator. In addition to her work at the Diabetes Care Center, Sister Theresa manages a free clinic in Pajaro.

ROSE GOMEZ

Since 1998 when the Diabetes Care Center opened, Rose Gomez has been the Assistant Administrator. She is responsible for the Front Office operation and assists with the overall management of the Diabetes Care Center. After graduating from Hartnell College and attending Fresno State University, she worked in several local medical offices.

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Monday-Friday

8:00 am-5:00 pm

Accepting Most Insurances

**The Diabetes Care Center proudly
salutes our Women in Business!**