

VNA Adult Day Centers



VNA Adult Day Centers offer safe activities for older adults and others with early memory loss -- exercise, socialization, music, laughter -- and offer caring support for their caregivers.

*The next best thing...
to being
at home.*

SALINAS ADULT DAY CENTER

45 Plaza Circle, Salinas
624-7930

MONTEREY ADULT DAY CENTER

at Hilltop Park
871 Jessie Street, Monterey
643-0278

SEASIDE ADULT DAY CENTER

*Alzheimer's Day Care Resource Center
and Stroke Handicapped Adult
Rehabilitation & Education*
200 Coe Avenue, Seaside
899-7178



an affiliate of
 Salinas Valley
Memorial
Healthcare System